



## **Lovers Lane Independent Living**

### **Additional Menu Items 2021**

#### **Breakfast**

1. Gluten Free Oatmeal
2. Cottage Cheese (All Day)
3. Almond Milk (All Day)
4. Pecan Waffles
5. Blueberry Pancakes

#### **Lunch & Dinner**

1. Steamed Spinach
2. Avocado & Tomato Salad
3. Impossible Burger (Vegetarian)
4. Black Bean Burger
5. Chicken Fried Chicken
6. Vegan Chicken Tenders
7. Vegetable Plate
8. Shrimp Dinner
9. Omelets